

## **WHOLE SCHOOL FOOD POLICY**

### **1. Responsibilities**

The school's Board of Governors recognises the important connection between a healthy diet and a child's ability to learn effectively and achieve high standards in school. The Board of Governors also recognises the role the school can play, as part of the larger community, to promote family health. The Board of Governors recognises that sharing food is a fundamental experience for all people; a primary way to nurture and celebrate our cultural diversity; and an excellent bridge for building friendships, and inter-generational bonds.

### **2. Mission**

The educational mission is to improve the health of the entire community by teaching children, their families and staff ways to establish and maintain life-long healthy and environmentally sustainable eating habits. The mission shall be accomplished through food education and skills (such as cooking and growing food), the food served in schools, and core academic content in the classroom.

### **3. Aims**

- To endeavour to improve the health of children, staff and their families by helping to influence their eating habits through increasing their knowledge and awareness of food issues, including what constitutes a healthy and environmentally sustainable diet, and hygienic food preparation and storage methods.
- To increase children's knowledge of food production and its impact on both health and the environment.
- To ensure that every child in school has access to safe, tasty and nutritious food, and a safe, easily available water supply during the school day.
- To ensure that food provision in school reflects the ethical and medical requirements of staff and children eg ethnic, vegetarian, medical and allergic needs.
- To make the provision and consumption of food an enjoyable and safe experience.
- To introduce and promote practices within the school to reinforce these aims and to remove or discourage practices that negate them.

### **4. Objectives**

To work towards ensuring that this policy is both accepted and embraced by:

- Governors
- School management
- Teachers and support staff
- Children
- Parents
- Food providers
- The school's wider community

To integrate these aims into all aspects of school life, in particular

- Food provision within the school
- The curriculum
- Pastoral and social activities
- Healthy Food weeks

### **5. Methods**

- The development, implementation and monitoring of this policy will be the responsibility of the whole school community.
- The school will develop an understanding and ethos of safe, tasty, nutritious food, through both education and example.
- The school will maintain and develop an environment, both physical and social, conducive to the enjoyment of safe, tasty, nutritious food.
- The school is a “nut-free” school, which has banned all nuts and nut products from the premises, where practical.
- The school will discourage children from eating “treats” (crisps, chocolates, sweets, cakes) and promote healthier options (fruit dishes, bread sticks).

#### **6. Review**

This policy was reviewed in 2022. It will be reviewed again in 3 years time or sooner if necessary.