

MENU – WEEK 1

MONDAY

MAIN	Lamb Bolognaise with Spaghetti
HALAL MAIN	Halal Lamb Bolognaise with Spaghetti
VEGETARIAN MAIN	Spinach & Pesto Sauce with Spaghetti
PASTA OR JACKET	Baked Jackets with Baked Beans
TO GO WITH	Broccoli & Sweetcorn
SANDWICHES	Chicken Mayonnaise Sandwich & Cheese Sandwich
DESSERT	Chocolate & Courgette Sponge

TUESDAY

MAIN	Sticky Soy Chicken & Vegetable Stir Fry with Egg Noodles
HALAL MAIN	Halal Sticky Soy Chicken & Vegetable Stir Fry with Egg Noodles
VEGETARIAN MAIN	Vegetable Chow Mein
PASTA OR JACKET	Pasta with Tomato & Basil Sauce
TO GO WITH	Steamed Peas & Cauliflower
SANDWICHES	Chicken Mayonnaise Sandwich & Cream Cheese & Cucumber Sandwich
DESSERT	Vanilla Ice Cream

WEDNESDAY

MAIN	BBQ Style Hunters Roast Chicken with Roast Potatoes & Gravy
HALAL MAIN	Halal BBQ Style Hunters Roast Chicken with Roast Potatoes & Gravy
	Mac N' Cheese
PASTA OR JACKET	Baked Jackets with Baked Beans
TO GO WITH	Carrots & Seasonal Greens
SANDWICHES	Tuna Mayonnaise Sandwich & Cheese Sandwich
DESSERT	Banana Flapjack

WEEK 1:

5TH JAN, 26TH JAN, 16TH FEB, 9TH MAR, 30TH MAR, 20TH APR, 11TH MAY, 1ST JUN, 22ND JUN, 13TH JUL, 31ST AUG, 21ST SEPT, 12TH OCT, 2ND NOV, 23RD NOV, 14TH DEC

MAIN

HALAL MAIN

VEGETARIAN MAIN

PASTA OR JACKET

TO GO WITH

SANDWICHES

DESSERT

THURSDAY

Homemade BBQ Chicken Pizza with Spiced Baked Wedges
Halal Homemade BBQ Chicken Pizza with Spiced Baked Wedges
Homemade Margherita Pizza with Spiced Baked Wedges
Pasta with Squash & Tomato Sauce
Roasted Carrots & Sweetcorn
Chicken Mayonnaise Sandwich & Cream Cheese & Cucumber Sandwich
Iced Lemon Cake with Sprinkles

FRIDAY

MAIN

VEGETARIAN MAIN

PASTA OR JACKET

TO GO WITH

SANDWICHES

DESSERT

Fish Fingers, Chips & Ketchup
Vegan Vegetable Fingers with Chips & Ketchup
Baked Jackets with Baked Beans
Baked Beans & Peas
Tuna Mayonnaise Sandwich & Cheese Sandwich
Maryland Cookie

ALSO AVAILABLE EVERY DAY

Fresh Fruit

Yoghurt

Jelly

BM3HALALNONGEARIES

JANUARY 2026





MENU – WEEK 2

MONDAY

MAIN	Grilled Chicken with Mashed Potatoes & Gravy
HALAL MAIN	Halal Grilled Chicken with Mashed Potatoes & Gravy
VEGETARIAN MAIN	Vegan Sausage with Mashed Potatoes & Gravy
PASTA OR JACKET	Pasta with Tomato & Basil Sauce
TO GO WITH	Steamed Peas & Carrots
SANDWICHES	Chicken Mayonnaise Sandwich & Cheese Sandwich
DESSERT	Marble Sponge with Custard

TUESDAY

MAIN	Moroccan Lamb with Steamed Rice
HALAL MAIN	Halal Moroccan Lamb with Steamed Rice
VEGETARIAN MAIN	Vegan Bombay Chickpea Burrito
PASTA OR JACKET	Baked Jackets with Baked Beans or Salmon Mayonnaise
TO GO WITH	Spiced Roasted Cauliflower & Broccoli
SANDWICHES	Chicken Mayonnaise Sandwich & Cream Cheese & Cucumber Sandwich
DESSERT	Apple & Carrot Flapjack

WEDNESDAY

MAIN	Roast Turkey with Gravy
HALAL MAIN	Halal Roast Turkey with Gravy
	Sweet Potato & Leek Frittata with Gravy
PASTA OR JACKET	Pasta with Tomato & Vegetable Sauce
TO GO WITH	Roast Potatoes, Broccoli & Carrots
SANDWICHES	Tuna Mayonnaise Sandwich & Cheese Sandwich
DESSERT	Fruit Jelly

MAIN

HALAL MAIN

VEGETARIAN MAIN

PASTA OR JACKET

TO GO WITH

SANDWICHES

DESSERT

MAIN

VEGETARIAN MAIN

PASTA OR JACKET

TO GO WITH

SANDWICHES

DESSERT

Pabulum Salad Bar

Wholemeal Bread

Courgette & Tomato Bread

BM3HALALNONGEARIES

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THURSDAY

Homemade BBQ Chicken Pizza with Spiced Baked Wedges
Halal Homemade BBQ Chicken Pizza with Spiced Baked Wedges
Homemade Margherita Pizza with Spiced Baked Wedges
Pasta with Squash & Tomato Sauce
Roasted Carrots & Sweetcorn
Chicken Mayonnaise Sandwich & Cream Cheese & Cucumber Sandwich
Homemade Strawberry Cheesecake

FRIDAY

Fish Fingers, Chips & Ketchup
Vegan Quorn Nuggets with Chips & Ketchup
Baked Jackets with Baked Beans
Baked Beans & Peas
Tuna Mayonnaise Sandwich & Cheese Sandwich
Vanilla Ice Cream

ALSO AVAILABLE EVERY DAY

Fresh Fruit

Yoghurt

Jelly

WEEK 2:

12TH JAN, 2ND FEB, 23RD FEB, 16TH MAR, 6TH APR, 27TH APR, 18TH MAY, 8TH JUN,
29TH JUN, 20TH JUL, 7TH SEPT, 28TH SEPT, 19TH OCT, 9TH NOV, 30TH NOV, 21ST DEC



MENU – WEEK 3

MONDAY

MAIN	Lamb Chilli Con Carne with Steamed Rice
HALAL MAIN	Halal Lamb Chilli Con Carne with Steamed Rice
VEGETARIAN MAIN	Vegan Bean Chilli with Steamed Rice
PASTA OR JACKET	Pasta with Tomato & Vegetable Sauce
TO GO WITH	Sweetcorn & Carrots
SANDWICHES	Chicken Mayonnaise Sandwich & Cheese Sandwich
DESSERT	Jam & Coconut Sponge

TUESDAY

MAIN	Chicken Tikka with Steamed Rice
HALAL MAIN	Halal Chicken Tikka with Steamed Rice
VEGETARIAN MAIN	Vegan Meatballs in a Roasted Tomato & Basil Sauce with Pasta
PASTA OR JACKET	Baked Jackets with Baked Beans
TO GO WITH	Sweetcorn & Coleslaw
SANDWICHES	Chicken Mayonnaise Sandwich & Cream Cheese & Cucumber Sandwich
DESSERT	Carrot Cake

WEDNESDAY

MAIN	Herby Roast Chicken with Gravy
HALAL MAIN	Halal Herby Roast Chicken with Gravy
	Roasted Vegetable & Lentil Loaf with Gravy
PASTA OR JACKET	Baked Jackets with Baked Beans
TO GO WITH	Roast Potatoes, Carrots & Seasonal Greens
SANDWICHES	Tuna Mayonnaise Sandwich & Cheese Sandwich
DESSERT	Chocolate & Sweet Potato Brownie

WEEK 3:

19TH JAN, 9TH FEB, 2ND MAR, 23RD MAR, 13TH APR, 4TH MAY, 25TH MAY, 15TH JUN,
6TH JUL, 27TH JUL, 14TH SEPT, 5TH OCT, 26TH OCT, 16TH NOV, 7TH DEC

MAIN

HALAL MAIN

VEGETARIAN MAIN

PASTA OR JACKET

TO GO WITH

SANDWICHES

DESSERT

MAIN

VEGETARIAN MAIN

PASTA OR JACKET

TO GO WITH

SANDWICHES

DESSERT

Pabulum Salad Bar

Wholemeal Bread

Courgette & Tomato Bread

BM3HALALNONGEARIES

JANUARY 2026

THURSDAY

Homemade BBQ Chicken Pizza with Spiced Baked Wedges
Halal Homemade BBQ Chicken Pizza with Spiced Baked Wedges
Homemade Margherita Pizza with Spiced Baked Wedges
Wholemeal Pasta with Tomato & Basil Sauce
Steamed Peas & Carrots
Chicken Mayonnaise Sandwich & Cream Cheese & Cucumber Sandwich
Oaty & Sultana Cookie

FRIDAY

Fish Fingers, Chips & Ketchup
Vegetable Burger with Chips & Ketchup
Pasta with Squash & Tomato Sauce
Baked Beans & Peas
Tuna Mayonnaise Sandwich & Cheese Sandwich
Fruit Jelly

ALSO AVAILABLE EVERY DAY

Fresh Fruit

Yoghurt

Jelly

